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**Zen and artistic traditions of Japan (based on the work by T.P. Grigorieva)**

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*It is considered the influence that Zen Buddhism had on the artistic traditions of Japan, which retain their significance at the present time. The research relies on the ideas of T.P. Grigorieva, which belongs to the largest domestic Japanese orientalists. One of the first in Soviet oriental studies, she began to turn to the method of comparative studies, using all the variety of its approaches. An important point in the methodology of T.P. Grigorieva is an examination of the influence exerted by Buddhism and Chinese teachings on the attitude of the Japanese. To understand the worldview of the Japanese is possible only through a comparison of the basic ideas of Taoism, Buddhism and Shintoism.*

**Keywords:** *Buddhism, Zen, artistic traditions of Japan, comparative studies, categories of Japanese aesthetics, harmony*

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