

The problem of social phobia and social anxiety in modern society

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Social phobia is considered as a social phenomenon and a disease that has become increasingly common in humans in various situations in the era of globalization in many countries of Europe, Asia and the United States. The study allows us to state that socio-economic factors play a major role in the formation of social phobia and social anxiety. The main factor in the formation of social phobia is the level of socialization, its negative experience, especially among people with low self-esteem and hypersensitivity, who have experienced psychological trauma associated with bullying or humiliation. Social anxiety is a cumulative effect of social rejection.

Keywords: social phobia, society, psychiatry, philosophy, psychology, pharmacology, USA, Europe

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January, 28 2026
