

UDC: 1

## Physical culture and sport Ancient Greece and Ancient Rome

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*The question of the place of culture of sports and physical exercises in ancient civilization is considered. Many important elements of the modern Olympic movement are borrowed from the principles of the ancient Greek games. It was in ancient Rome that many of the institutions inherent in modern sports. Roman civilization had an impact on the existing in our time attitude to physical culture.*

**Keywords:** *physical culture, sport, Ancient Greece, Ancient Rome, ancient civilization, Games, Olympiads*

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